

APPLI AI LLC User Guidelines

Effective Date: 3/15/2025

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At APPLI AI LLC, doing business as APPLI (collectively, “we,” “us,” or “our”), we are committed to creating a supportive and respectful community where users can share, learn, and grow. These User Guidelines outline our expectations for all users and provide guidance on how to engage positively and responsibly within the app.

By using APPLI, you agree to follow these guidelines. Violations may result in content removal, account suspension, or termination of access.

1. Be Respectful

Treat all users with respect. We encourage open discussions and sharing, but please be mindful of others' views, backgrounds, and experiences. Avoid:

- **Offensive Language:** Do not use abusive, hateful, or discriminatory language.
- **Harassment or Bullying:** Harassing, intimidating, or bullying others is strictly prohibited. This includes but is not limited to, targeting someone based on race, gender, age, religion, sexual orientation, or disability.
- **Personal Attacks:** Focus on the topic or issue rather than personally attacking others.

2. Share Thoughtfully

When sharing content, consider its relevance, helpfulness, and accuracy:

- **Relevant Information:** Keep discussions focused on wellness topics. Avoid sharing unrelated content that detracts from the community's purpose.
- **Respect Privacy:** Do not share anyone's personal or confidential information (e.g., contact details, financial information) without their permission.
- **Health Advice:** Please avoid giving medical advice. Remember, the App is intended for general wellness support, not as a substitute for professional medical guidance. Always encourage users to consult a qualified health professional.

3. Use Appropriate Language and Tone

Clear and positive communication helps foster a welcoming environment:

- **Be Polite:** Use polite and positive language to express yourself.
- **Constructive Feedback:** When giving feedback, be constructive and kind.
- Avoid negativity or overly critical comments that may discourage others.

4. Avoid Spamming or Self-Promotion

Keep the community free from spam and excessive self-promotion:

- **Limit Self-Promotional Content:** We appreciate users who share resources, but please do not post repetitive content promoting personal businesses or services.
- **No Spam or Irrelevant Links:** Do not post unsolicited or irrelevant links, ads, or spam content.

5. Respect Intellectual Property

Only share content that you own or have permission to share:

- **Original Content Only:** Do not post copyrighted material, images, or other media unless you own it or have permission to use it.

- **Give Credit:** If you share someone else's ideas or resources, credit the original source appropriately.

6. Prohibited Content

You agree not to submit any content that:

- Promotes illegal activities, violence, or any form of discrimination.
- Contains sexually explicit or pornographic material.
- Violates copyright, trademark, or any other intellectual property rights.
- It is intended to spam, scam, or promote products or services unrelated to APPLI.
- Contains viruses, malware, or any other harmful code.

7. Report Inappropriate Content

Help us keep the community safe by reporting any content that violates these guidelines:

- **Report Abusive Behavior:** Use the app's reporting tools to flag content or behavior that is inappropriate, harmful, or violates these guidelines.
- **Be Constructive:** If you disagree with someone, keep discussions respectful. Report content that genuinely violates the guidelines rather than content you simply disagree with.

8. Stay Safe and Protect Your Privacy

For your own safety, avoid sharing personal details publicly within the app. Remember:

- **Limit Personal Information:** Do not post sensitive information, such as your full address, financial details, or other private data.
- **Be Cautious with Private Messages:** Use caution when interacting with other users privately and report any suspicious behavior.

9. Comply with Applicable Laws

Follow all relevant laws and regulations when using the App:

- **No Illegal Activities:** Do not engage in or promote any illegal activities.
- **Respect the Platform's Integrity:** Avoid activities that could interfere with the app's functionality, such as hacking, phishing, or introducing malware.

10. Understand the Consequences of Violations

Violations of these guidelines may result in actions taken against your account, including:

- **Content Removal:** Posts that violate the guidelines may be removed.
- **Account Suspension or Termination:** Repeated or severe violations may lead to suspension or permanent termination of your account.
- **Report to Authorities:** In cases of illegal activities, we may report violations to relevant law enforcement or authorities.

11. Contact Us for Support

If you have any questions about these guidelines or need help, please email us at admin@appliapp.com.

We're here to support you and help make Appli a positive and rewarding experience for everyone.